

GOVERNMENT DOON MEDICAL COLLEGE, DEHRAKHAS, DEHRADUN
Foundation Course Time Table from 15 nov 2022 till 14 dec 2022

DAY	DATE/TIME	9.0-10.0	10.0-11.0 AM	11.00 - 12.00 PM	12.00 - 01.00 PM	1.0 PM - 2.0 PM	2.0 - 3.0	3.0 - 4.0	4.0-5.0	5.0-6.0	6.0-7.0	6.0-7.0
TUESDAY	11/15/2022	Reporting, Registration, Hostel Room allotment		Wardens	Hostel	L	FC 1.10 History of Medicine(Lecture) Dr. Chitra Joshi	Institute rules & regulations & anti-ragging guidelines (Lecture) Dr. Vinod Raw	Overview of MBBS Program, its structure and requirements of course completion (Lecture)			
WEDNESDAY	11/16/2022	FC 1.5 Orientation programme (Parents & Students of admission batch- 2022) (Interactive Lecture) Dr. Debi Dasguk & Dr. Shiv Kumar Yadav		FC 1.8 Hostel rules by Chief warden	FC 4.11 Role of mentoring(Lecture) Dr. Piyush Kumar	U	FC 1.3 Expectations of students from Peers, colleagues & patients and vice versa (Interactive Lecture) Dr. Neelima Bhal					
THURSDAY	11/17/2022	Visit to departments, library, common room, (College building) Dr. Priyanka Gupta, Dr. Sanita D singh Batch A/ Visit to hospital Batch B Dr. Salabh Joshi, Mr. Mahender Bhandari		FC 1.1 Medicine: The art & science of healing(Interactive lecture) Dr. Navneet Chandra	FC 1.1 Mentor mentee meeting (Discussion) Dr. Pooja Sharma Kala	N	Anti-ragging short film screening Dr. Ashok Kumar					
FRIDAY	11/18/2022	Visit to departments, library, common room, (College building) Dr. Priyanka Gupta, Dr. Sanita D singh Batch B/ Visit to hospital Batch A Dr. Salabh Joshi, Mr. Mahender Bhandari		FC 1.10 Alternate systems of Medicine (Interactive Discussion) Dr. Ashish Goyal	FC 1.1 Role of doctors in society (Interactive Lecture) Dr. J.S. Rami	C	FC 1.3 Role of Physician at various levels of health care delivery (Lecture) Dr. Dhireja Gupta	FC 1.10 Evidence based Medicine (Lecture) Dr. Yunnan Hasan	SPORTS & ECA			
SATURDAY	11/19/2022	FC 1.2 Role of Indian Medical Graduate(Lecture) Dr. Shiv Kumar Yadav	Group A 1, A2 -(1-50, 51-100) Basic First Aid/Group B 1, B2 (101-150, 151-175) Basic life support(Demonstration Using Video Lectures) HOD Anesthesia to coordinate			H	Group A 1, A2 -(1-50, 51-100) Basic First Aid/Group B 1, B2 (101-150, 151-175) Basic life support(Demonstration Using Video Lectures) HOD Anesthesia to coordinate		SPORTS & ECA			
SUNDAY	11/20/2022	SPORTS & ECA		Group A 1, A2 -(1-50, 51-100) Basic First Aid/Group B 1, B2 (101-150, 151-175) Basic life support(Demonstration Using Video Lectures) HOD Anesthesia to coordinate			Group A 1, A2 -(1-50, 51-100) Basic First Aid/Group B 1, B2 (101-150, 151-175) Basic life support(Demonstration Using Video Lectures) HOD Anesthesia to coordinate					
MONDAY	11/21/2022	SPORTS & ECA		Group A 1, A2 -(1-50, 51-100) Basic First Aid/Group B 1, B2 (101-150, 151-175) Basic life support(Demonstration Using Video Lectures) HOD Anesthesia to coordinate			Group A 1, A2 -(1-50, 51-100) Basic First Aid/Group B 1, B2 (101-150, 151-175) Basic life support(Demonstration Using Video Lectures) HOD Anesthesia to coordinate					
TUESDAY	11/22/2022	SPORTS & ECA		FC 2.3 Universal precautions Lecture & Demonstration Dr. Nidhi Negi	FC 1.5 Cadaver: Your first teacher (Demonstration Using Video Lectures) Dr. Jolly Agarwal	L	Pandemic: Module Pandemic: definition, factors leading to pandemics in past (Interactive Lecture) Dr. Shobhit Pal	FC 1.6 Various career pathways (Panel discussion) Dr. Renu Khanchandani				
WEDNESDAY	11/23/2022	SPORTS & ECA		FC 2.5 Hand Hygiene & donning & doffing of PPE(Demonstration Using Video Lectures) Dr. Gritika Rana	FC 2.3 Precautions to be taken in Covid-19 pandemic(Demonstration Using Video Lectures) Dr. Himadri Singh		FC 2.4 Patient safety & bio-hazard safety (Demonstration Using Video Lectures) Dr. Yogita Rawat	FC 2.9 Documentation in patient care(Demonstration) Dr. Anurag Agrawal				
THURSDAY	11/24/2022	GURU TEG BAHADUR JAYANTI		GURU TEG BAHADUR JAYANTI			GURU TEG BAHADUR JAYANTI					
FRIDAY	11/25/2022	SPORTS & ECA	FC 2.7 Biomedical waste management(Demonstration Using Video Lectures) Dr. Abhi Negi	FC 4.1 Professionalism & ethics among health care professionals (Interactive Lecture) Dr. Chitra Joshi	FC 2.8 Immunisation requirements for health care personnel (Lecture) Dr. Racha Sinha		FC 3.3 Health care system in India: Primary, secondary & tertiary care (Lecture) Dr. Anupama Arya	FC 3.4 Computer skills. Preparation of powerpoint presentation(Demonstration & Practice) Mrs. Anjali Panwar				
SATURDAY	11/26/2022	SPORTS & ECA		FC 2.6 Appropriate response to needle stick injury(Demonstration Using Video Lectures) Dr. Nidhi Negi	FC 4.1 Consequences of unprofessional & unethical behaviour(Demonstration Using Video Lectures) Dr. Sanjay Chauhan	H	White Coat Ceremony (Interaction)					
SUNDAY	11/27/2022	SPORTS & ECA		FC 4.3 Importance of Moral Values(Interactive lecture) Dr. Debi Dasguk	FC 3.2 National Health Scenario (Interactive Lecture) Dr. Debabrata Roy		FC 3.3 Health care system in India: Primary, secondary & tertiary care (Lecture) Dr. Sunil	FC 3.4 Computer skills. Preparation of powerpoint presentation(Demonstration & Practice) Mrs. Anjali Panwar				
MONDAY	11/28/2022	SPORTS & ECA		FC 3.4 Basic principles of community health (Lecture) Dr. Priyanka Dohal	FC 3.4 Visit to community health (Field Visit) Dr. Deen Dayal Verma		FC 3.5 Structure & functioning of Community Health Centre (Field Visit) Dr. Deen Dayal Verma	FC 3.4 Computer skills. Preparation of powerpoint presentation (Demonstration & Practice) Mrs. Anjali Panwar				
TUESDAY	11/29/2022	SPORTS & ECA		FC 3.4 Basic principles of community health (Lecture) Dr. Priyanka Dohal	FC 3.4 Visit to community health (Field Visit) Dr. Deen Dayal Verma	L	Movie Screening: Nurse Betty Dr. Nandini					
WEDNESDAY	11/30/2022	SPORTS & ECA		Pandemic: Module Role of WHO & ICMR in pandemic(Lecture) Dr. Gritika Rana	Working in a healthcare team FC 4.4 (Discussion) Dr. Shiv Kumar Yadav	U	FC 5.4 Computer skills. Preparation of powerpoint presentation (Demonstration & Practice) Mrs. Anjali Panwar					
THURSDAY	12/1/2022	SPORTS & ECA		FC 4.3 Value of respect during interaction with faculty members, seniors & colleagues (Interactive Lecture) Dr. Anshika Choudhary	FC 4.5 Disability: UN Convention on Rights of persons with disabilities (Lecture) Dr. Anshika Choudhary	N	Movie Screening: Patch Adams Dr. Deen Dayal					
FRIDAY	12/2/2022	SPORTS & ECA		communication skills in patient and family interaction(Demonstration Using Video Lectures) Dr. Kumar Jee Kaul	FC 4.6 Components of Cultural Competence & cultural diversities (Interactive Lecture) Dr. Rashmi Sengupta	C	FC 5.4 Computer skills, basics of Microsoft word (Demonstration & Practice) Mrs. Anjali Panwar					
SATURDAY	12/3/2022	SPORTS & ECA		FC 4.5 Medical & Social Model of disability (Lecture) Dr. Ashok Choudhary	FC 4.7, 4.8 Stress Management, Yoga & meditation in personal health(Demonstration Using Video Lectures) Dr. Neena Rana	H	FC 5.3 English language session(Demonstration & Practice)					
SUNDAY	12/4/2022	SPORTS & ECA		FC 4.13 Learning strategies (Lecture) Dr. Ashi Joshi	FC 4.10 Importance of interpersonal relationships (Lecture) Dr. Dhanu Singh		FC 5.4 Computer skills, basics of Microsoft word (Demonstration & Practice) Mrs. Anjali Panwar					
MONDAY	12/5/2022	SPORTS & ECA		FC 5.3 English language session(Demonstration & Practice)			Group A 1, A2 -(1-50, 51-100) Basic First Aid/Group B 1, B2 (101-150, 151-175) Basic life support (Hands On Skill Session) HOD Anesthesia to coordinate					
TUESDAY	12/6/2022	SPORTS & ECA		FC 5.3 English language session(Demonstration & Practice)			Group A 1, A2 -(1-50, 51-100) Basic First Aid/Group B 1, B2 (101-150, 151-175) Basic life support (Hands On Skill Session) HOD Anesthesia to coordinate					
WEDNESDAY	12/7/2022	SPORTS & ECA		FC 3.1 National Health Goals & Policies(Lecture) Dr. Debabrata Roy	FC 4.2 Altruism as a virtue of a Physician (Lecture) Dr. Hema Saxena		Group A 1, A2 -(1-50, 51-100) Basic First Aid/Group B 1, B2 (101-150, 151-175) Basic life support (Hands On Skill Session) HOD Anesthesia to coordinate					
THURSDAY	12/8/2022	SPORTS & ECA		FC 5.2 Importance of good communication skills in Medicine(Demonstration & Practice) Dr. Narayan Jeet Singh		*	FC 4.12 Group learning and Group Dynamics (Interactive lecture & Activity Session) Dr. Anil Kumar Singh					

FRIDAY	12/9/2022	SPORTS & ECA	FC 5.4 Computer skills, basics of Microsoft word (Demonstration & Practice) Mrs. Anjali Punwar	c	FC 5.3 English language session(Demonstration & Practice)			
SATURDAY	12/10/2022	SPORTS & ECA	FC 5.3 English language session (Demonstration & Practice)	=	FC 4.15 Collaborative Learning (Activity) Dr. Neha Bhatra Dandekar			
SUNDAY	12/11/2022							
MONDAY	12/12/2022	SPORTS & ECA	FC 5.3 English language session(Demonstration & Practice)		Group A 1, A2 - (1-50, 51-100) Basic First Aid/Group B 1, B2 (101-150, 151-175) Basic life support (Practice session) HOD Anandhara to coordinate			
TUESDAY	12/13/2022	SPORTS & ECA	FC 5.4 Computer skills, basics of Microsoft word (Demonstration & Practice) Mrs. Anjali Punwar	s	Group A 1, A2 - (1-50, 51-100) Basic First Aid/Group B 1, B2 (101-150, 151-175) Basic life support(Practice session) HOD Anandhara to coordinate			
WEDNESDAY	12/14/2022	SPORTS & ECA	FC 5.5 Computer skills, use the google search for credible information(Demonstration & Practice) Mrs. Anjali Punwar	=	Reflections of Movie 2 (Interactive discussion) Dr. Deena Dnyal & Dr. Nandini			

Orientation	30	31
Skills module	35	35
Community Orientation Module	8	8
Professional development including ethics	40	40
Sports & extra curricular activities	22	22
Pandemic Module	2	2
communication & language skills	40	40